



Feed Leeds Meeting -Monday 21 August 2023, 4:00pm on zoom

ATTENDEES

Adam Ogilvie (FL Chair, Meanwood Valley Urban Farm (MVUF)), **Sonja Woodcock** (FL Treasurer, Leeds Food Coordinator at FoodWise Leeds), **Sarah-Jane Mason** (FL secretary – minutes, RHS), **Penny Pinn** (FL, Horsforth Community Café & Garden), **Rosie Atkins** (FL secretary –minutes, FL Farm group); **Jack Weston** (Member of Unite the Union; Leeds, Wakefield and York); **Becky Mears** (FL, IE Aireborough / Season Well CIC); **Emma Andrews** (FoodWise); **Anna Marsden-Ragnarsson** (Kirkstall Valley Farm)

APOLOGIES

Dan Robinson (Incredible Edible Leeds), **Rosie Hall** (FL, LAF Secretary), **Ama Chaney** (FL, Grow to School); **John Preston** (TCV Hollybush, Leeds Green Activity Providers Network)

MINUTES

Minutes from 19th June 2023 were approved (for a copy of the minutes see website <https://feedleeds.org/>).

ACTION follow up: **6" of Soil film**. Update- now not released until Spring 2024. **RA** approached Hyde Park Picture House to see if they would show it, awaiting response. Other suggestions: Horsforth Community hub linked to Climate Action events (**PP**) and Slung Low Beeston (**contact alan@slunglow.org**)

1. Feed Leeds Current projects: Sub groups reports

- **Sow a Row Xtra , LVL and Hedge Veg :**

EA, BM, S-JM, RA are meeting in early September to plan an Autumn event (including harvesting, cooking, food preservation). The group are also exploring a plan for Spring 2024+. The group wish to support other community groups across the city so will try to hold LVL workshops at events held by other groups.

The group also plan to visit existing LVLs, aiming to make contact with people/groups hosting them to offer support / establish if they are still be used or not. **EA** has 1 day a week funded to support this work and publicise LVLs.

ACTION ALL Check out the Feed Leeds [LVL Map](#) and visit your nearest little veg library. Please let Feed Leeds know how the library is going, if the library is no longer there etc. by mailing info@feedleeds.org.uk

- **Farm Group:**

Continues to meet. **RA** also attended the **LCC Food Strategy Meeting Action Plan meeting 10.7.23** and pledged to “work to support pathways to market for local sustainably produced food. Especially from peri-urban farmers” and “Work to develop food procurement systems from Yorkshire farmers transitioning to Regenerative agriculture, networking with other organisations in the Yorkshire area. “

2. FL Members updates

- **Foodwise**

Silver Sustainable Food City Status - SW confirmed that the city is applying for Silver Sustainable Food City Status this September. She is currently gathering additional data from groups on events delivered, impacts, volumes of food shared, community reach etc. to include in the application. The deadline for submissions is 21st September so please share any information from your groups activity ASAP

ACTION ALL: Please share any data from your group with Sonja before 15th September so it can be collated and included in the application sonja.woodcock@zestleeds.org.uk

LCC Food Strategy Meeting Action Plan meeting Mon, 10 Jul 2023 Civic Hall, Banquet Hall . **SW** and **DR** attended and spoke. It was very well attended by many LCC staff, representatives from many Community Growing and Food Poverty groups, NHS staff, University research staff, etc.

All attendees worked to identify actions to implement the policies. See Appendix A for more details of the event and responses.

ACTION ALL: Feed Leeds members can pledge support by commenting on this question: What can you/ your team or organisation/business do to support Leeds health and wellbeing through Food?:[Pledges - I will support the food strategy by..... \(padlet.com\)](https://www.padlet.com/leeds/pledges-i-will-support-the-food-strategy-by-2023)

ACTION ALL: Sign up for updates from Foodwise or Leeds Food Strategy to hear the latest news. [FoodWise Leeds \(list-manage.com\)](https://list-manage.com) and LeedsFoodStrategy@leeds.gov.uk

RA also attended the **LCC Food Strategy - Food for Health and Wellbeing online planning session** on 26th July. Attended by LCC and NHS staff, + representatives from Food Bank and Food Poverty organisations. RA pledged FL's support for:

“Objective 2: Raising awareness of, and celebrating, community-led food initiatives in Leeds and the impact they have. Supporting community-led food initiatives to identify new funding opportunities. Encouraging and enabling better co-ordination and sharing of best practice between groups.”

and

“support pathways to market for local sustainably produced food. Especially from peri-urban farmers. “ and “Work to develop food procurement systems from Yorkshire farmers transitioning to Regenerative agriculture, networking with other organisations in the Yorkshire area. “

- **Kirkstall Valley Farm:**

Is offering more veg boxes to meet the high demand <https://kirkstallvalleyfarm.org.uk/harvest-share-membership> . The KV Farm Birthday party is planned for 23rd September. **(A M-R)**. If you are interested in volunteering see the website for more details <https://kirkstallvalleyfarm.org.uk/volunteer>

- **Meanwood Valley Urban Farm:**

The Crowdfunding campaign for MVUF has raised over £13,000 to date, thanks to everyone who has donated.

Sadly, Market Garden grower Luke Tilley is leaving at the end of September. The Feed Leeds committee would like to thank Luke for all his support over the years and wish him all the best with his new venture. We look forward to hearing about it. The successful veg box scheme (with 100 members so far) will continue to be led by Ben and the 2 trainees.

- **Horsforth Community Garden:**

see below – next Community Edible Garden event 17th sept. **(PP)**

- **Season Well :**

Successfully obtained RHS Connect Communities funding for delivery of sessions to share skills, support and connect communities growing groups in the LS8, LS9, LS10 areas through a “Food for Thought” network. As part of the funding **BM** will also link into 3 RHS [Big Food Share](#) events and promote LVLs in both arenas. Their main work currently is with 'Healthy Holidays' sessions across Leeds this summer holidays.

BM aims to first find out what skills the communities need and to expand the “Food for Thought” network (already set up by the RHS Community Outreach Team) by contacting existing growing groups. So far members are: Gipton Growers, Sunflower ESOL Group at Catch, Chapeltown 'Feel Good Factor', Shine and Lincoln Greeners at Mafawa Theatre. Numerous groups were suggested by the FL meeting attendees including: Back to Front, and contacts with Hyde Park Source, Space 2 inc Church of Epiphany, BAME network in Harehills, Cross Green , St Mary's etc.

ACTION ALL: Are you a food growing group based in LS8, 9 and 10 (or do you know of any groups in these areas)? Please contact Becky on Becky@SeasonWell.co.uk

Season Well has also been successful with their application for a Climate Action grant (see 3 below) for further development of the Guiseley Community garden.

BM offered to attend Boston Spa Wetherby and Villages Community Green Group, on Sat Nov 11th to give a 5-10 minute talk about Feed Leeds and community gardening in Leeds (see below for more details).

3. Climate Change Updates

Horsforth Climate Group Community Garden

Next event 17th Sept 2pm at Low Lane recreation Ground if dry, or in St James's Parish Centre if wet. With the aim of inspiring local people to get involved with helping to set up an edible community garden. There's more social need there than in other areas of Horsforth and other community food growing projects are not very accessible to residents from this area. All welcome, to support the development of the garden.

ACTION ALL: If you are looking for funds to develop your community garden in Leeds 2 grant schemes to consider

FUNDING AVAILABLE: Climate Action Leeds Community Microgrants

Micro-grants are available of up to £1,500 for small, constituted groups as well as registered community organisations. Projects need to respond to the challenge of reducing carbon and/or becoming more nature friendly. Applicants and activity must be based in Leeds Metropolitan District.

Find out more www.leedscf.org.uk/grants/climate-action-leeds-community-microgrants/

FUNDING AVAILABLE: Community Climate Grants

W Yorks Mayor Tracy Brabin is asking for applications for the first wave of ‘Community Climate Grants’. Funding applications must be submitted to Leeds City Council by 20 October.

This new grant scheme has been launched to help community organisations deliver and scale **climate-friendly projects**. More than half a million pounds has been made available to enable community projects in Leeds that cut carbon and improve neighbourhoods. Eligible projects *include those* that protect nature, improve people’s wellbeing through walking and cycling, improve the energy efficiency of buildings, or support the production of renewable

energy. Each project must demonstrate that it has supported a disadvantaged community and a reduction in carbon emissions.”

Incorporated voluntary, community, and social enterprise organisations can now apply for between £5,000 and £50,000 to fund local projects that boost nature, sustainable travel, building efficiency, or clean energy in Leeds whilst tackling inequalities.

Find out [more about the new funding for local projects](#).

4. AOB

MVUF Crowd Funding to raise much-needed funds for our services for adults with learning disabilities and young people. We need to build momentum with early donations for the campaign to be a success! If you're willing and able, please give a donation, big or small. We'd be so grateful for your support. Here's the link to donate:

<https://www.justgiving.com/campaign/meanwoodfarm2023>

Community Markets and Larders articles:

<https://theconversation.com/how-community-markets-for-all-could-be-a-sustainable-alternative-to-food-banks-208049>

Community markets operate differently to food banks. They are open to everyone in the local community, regardless of income level, and provide a range of food choices along with other items such as school uniforms and toiletries.

<https://www.ilkleygazette.co.uk/news/23190387.otley-2030-secures-co-op-funding-otley-community-larder/> Otley 2030 secures Co-op funding for Otley Community Larder

Looking for space to grow or someone to grow in your garden? This website is an airbnb for green spaces. Individuals or organisations who have spare garden space to offer to others or for those looking for growing space <https://www.allotme.co.uk>

Looking for access to local composting or to donate your waste? Consider joining <https://sharewaste.com/share-waste>

Volunteering at Left Bank Leeds

Help us shape our new Community Garden Space and learn how to grow your own food. We'll provide all the necessary tools, so you can dive right in and contribute to our thriving vegetable garden. These sessions will run weekly every Thursday, 2pm-4pm

Sessions are open to anyone looking for a green space to grow in, or even just a break from your day. Bring along your friends or make some new ones!

<https://www.tickettailor.com/events/leftbankleeds/974972>

Dates for your diary/ call to Action

Call for Speaker on Community Gardening in Leeds (provisionally Saturday 11th, noon to 2pm)

Boston Spa Wetherby and Villages Community Green Group, is launching a Community Assembly in November to our local community in Wetherby, around various themes, one being Community Gardens. Format proposed is a speaker on each subject for 10 mins and then breakout into each group to brainstorm how we as a community could also adopt more sustainable practices with regard to the topics discussed. Please contact Adrian Balcombe if you are available <adbalco@gmail.com> "

Becky M attending for Feed Leeds

Call for groups to host a stall at Horsforth Climate Action Food Group event- 17th Sept

Awareness raising event on Sunday 17th September 2pm at the community garden, or in St James Parish Centre if wet. With the aim of inspiring local people to get involved with helping to set up an edible community garden.

Rosie A attending for Feed Leeds

Call for groups to host a stall at The Kinder Leeds Festival, 11th of November 2023 between 11am and 4pm at Left Bank Leeds

First held in September 2020, aims to raise the profile of kindness, compassion and wellbeing and the many wonderful projects and community initiatives that are happening within the city of Leeds.

Kinder Leeds has been through a difficult past year, and I am part of a small team of people that is supporting the movement to get back on its feet. This year we are aiming to put on one flag ship event to highlight all the kindness and compassion that is being spread within Leeds and the surrounding areas, and we would love it if you would like to get involved or join us in some small way.

Kinder Leeds would like to invite any individuals, businesses, and organisations across Leeds, and Yorkshire, to join us in encouraging and promoting kindness and compassion in our city, on the 11th of November 2023 between 11am and 4pm at Left Bank Leeds, by taking part in family focused free public event.

The day will include three main themes.

- **Environmental wellbeing - Looking after our city and our planet, reconnecting to nature.**
- **Financial wellbeing - Surviving and thriving through supporting one another.**
- **Physical and mental wellbeing - Taking care of ourselves and those we love.**

We are looking for individuals, businesses, and organisations that would like to promote their product and/or message to run engaging, creative and interactive stalls and workshops with the public to highlight the importance of these topics and show the community of Leeds what support is available for themselves, their families, and the people they care about, and we wondered whether anyone from the Feed Leeds network may be interested in getting involved please?

If you are interested please contact *David Billington, Community Impact and Sustainability*

Framed basket course @Space2



Framed Basket Course

Learn how to make a framed basket over 5 weeks
All materials provided
No experienced needed
Free

10:30-12:30 Mondays
11th September - 2nd October @ LS14 Trust,
45 Ramshead Hill, LS14 1BT

Places are limited so please contact Camille on
07519042680/camillet@space2.org.uk to book your place!

Priority to people living in LS8, LS9, LS14

SPACE2
CREATE CHANGE



Leeds CITY COUNCIL
LS14 TRUST
Climate Action Seacroft
Better Together
Healthy Communities, Healthy Lives

5. Date of Next meeting:

Our next meeting will be held on Monday 16th October – venue / zoom link to follow

We are also **looking for groups to host our future meetings** – please do get in touch if you think you can host. Below are some things to consider if you would like to consider meetings at your site.

1. What is the address of your site? *Is it easy to find, do we need to give any additional directions?*
2. Is there parking on street / nearby or space for bikes to be stored securely? *If we need to give instructions for parking please advise*
3. Is there somewhere we could sit for a meeting, and a covered area on site in case of bad weather (for up to 10 people)
4. Are you able to provide a tour of the site to share more about the project development and your plans for the space
5. Can you make refreshments on site i.e tea/coffees for attendees *Not a problem if not, we can ask people to bring their own drinks*

APPENDIX A

Leeds Food Strategy Action Plan - Post Event Overview



Leeds Food Strategy Action Plan Workshop

10th July 2023
9:00am – 12.30pm
Civic Hall

post event overview

Attendees

A total of 93 people booked to attend.

The event was attended by 72 people in total

- Facilitators: 9
- Scribes: 10
- Speakers: 5
- Internal: 22
- External: 26





Agenda

The workshop included speakers covering

- Overview of LFS and next steps
- Community engagement in consultation and LFS
- Food Hubs and linked support
- Best start overview and update
- Planning and LFS links
- Leeds based Incredible Edible projects and future developments

The remainder of the session offered attendees to participate in two Breakout session discussions on tables.

Breakout sessions were supported by a facilitator and scribe on each table and focused on the LFS themes.

Questions were submitted by participants throughout the session and posed to speakers and key contacts at the session close Q&A.

Leeds Food Strategy 3 themes breakouts

Health & Wellbeing



Helping people to improve their health and wellbeing through eating well.

Food Security & Economy



Working to give everyone in Leeds access to nutritious food as part of a diverse, inclusive and vibrant food economy.

Sustainability & Resilience



Ensuring Leeds' food system is fit for the future and supports our climate action plan.

LFS theme action priorities

Via a Slido poll attendees were asked to rank the 42 actions across the themes they felt were most important.

H&W actions	10
FS&E actions	18
S&R actions	14

These priorities were used to focus the breakout discussions on tables.



LFS theme action priorities Health & Wellbeing

O1 Ensure people of all ages know how to access and eat food that supports their health and wellbeing.

H&W O1A2 Work across sectors to give people the skills and opportunities to overcome barriers to buying, preparing, and eating healthy, nutritious, and affordable food.

O4 Offer targeted support that helps people most likely to develop diet-related diseases.

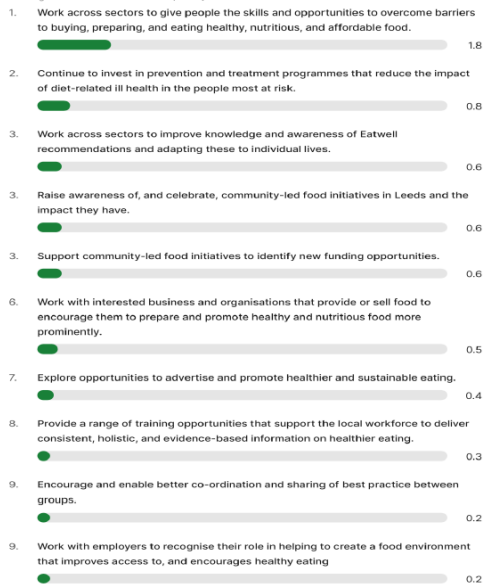
H&W O4A1 Continue to invest in prevention and treatment programmes that reduce the impact of diet-related ill health in the people most at risk.

H&W O1A1 Work across sectors to improve knowledge and awareness of Eatwell recommendations and adapt these to individual lives.



19 Health & Wellbeing rate the actions in order of importance (1 highest)

Ranking Poll 36 votes 36 participants



17 participants across 3 tables (1,2,9) for Breakout 1

19 participants across 3 tables (1,2,9) for Breakout 2



slido

LFS theme action priorities Food Security & Economy

O1 Tackle factors limiting people's ability to afford the food they need.

FS&E O1A3 Developing and sustaining programmes that improve access to healthy food for people on low incomes.

FS&E O1A1 Championing actions and initiatives that help address poverty and food insecurity, including fair wages and financial support.

FS&E O1A4 Ensure food security and poverty are considered when developing local plans and policies.

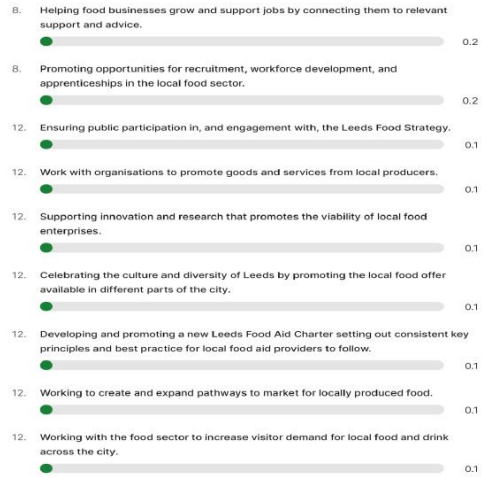
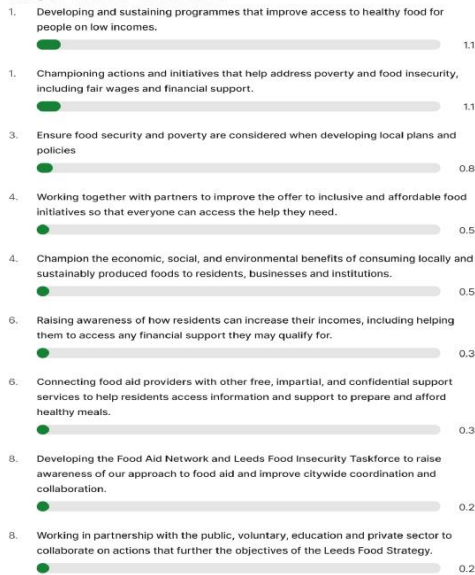


26 participants across 3 tables (3,4,8) for Breakout 1

21 participants across 3 tables (3,4,8) for Breakout 2

17 Food Security & Economy rate the actions in order of importance (1 highest)

Ranking Poll 36 votes 36 participants



LFS theme action priorities Sustainability & Resilience

01 Tackle waste by reducing, redistributing, and utilising surplus food.

S&R O1A2 Redistributing surplus food to those in need, working with partner organisations and businesses.

S&R O1A1 Promoting ways to reduce food waste, working with partner organisations and businesses.

03 Encourage and embrace new ways of producing, selling and serving food within local communities.

S&R O3A1 Promoting 'grow your own', community and urban growing.



15 participants across 2 tables (6,7) for Breakout 1

19 participants across 3 tables (5,6,7) for Breakout 2

Sustainability & Resilience rate the actions in order of importance (1 highest)

Ranking Poll 27 votes 27 participants

1. Redistributing surplus food to those in need, working with partners organisations and businesses. 1.1
2. Promoting ways to reduce food waste, working with partner organisations and businesses. 1
3. Promoting 'grow your own', community and urban growing. 0.8
4. Work with national, regional, and local partners to support best farming practice through engaging with policymakers and decision takers, helping to remove barriers to the agricultural transition faced by farmers in Leeds. 0.7
5. Expanding food waste collections (in line with national policy and dependant on government funding) and community composting initiatives to more areas of the city. 0.6
6. Help local farmers get a fair price for quality products bought by the council and partners. 0.3
6. Working with suppliers to better understand and reduce the environmental impact of the food purchased by Leeds City Council 0.3
6. Encouraging the city's biggest organisations to join Leeds City Council in their procurement commitments. 0.3

9. Introduce carbon labelling at council food venues. 0.2
9. Raising awareness of the environmental impact of different food choices 0.2
9. Work with partners to raise awareness of, and support, cutting-edge innovative food production. 0.2
9. Serving more quality, sustainable, regional produce that is certified to higher production standards in Leeds City Council venues and services. 0.2
13. Explore opportunities to influence land use planning policies to enable better use of land for agriculture 0.1
13. Explore ways to make it easier for local farmers to sell produce locally. 0.1

slide



Q&A Session

- How do we work with WYCA? At last look, their CERP didn't include food.
- On the infant mortality and low birthweight stats - the picture is worsening, is the rate of change worse in deprived areas only or is all Leeds affected?

What would you like to ask the speakers? (Please state who you would like to ask this to at the start)

Open text poll 4 responses 4 participants

- Anonymous
Question for Dan Considering that urban community gardening can't provide all the nutritional and caloric needs of Leeds' 800k residents, how can we develop pathways from community gardening to careers in sustainable agriculture in rural areas? Particularly for young adults.
- Anonymous
Can we change the conversation from deprived areas? I live in 'deprived' area and it isn't. It's kind but it's underserved by organisations and it needs to change
- Anonymous
Polly, how do we work better with neighboring Local Authorities also working on this food agenda?
- Anonymous
There's no mention in the climate strategy about meat free. To be TRULY sustainable we need to be talking about promoting veganism and vegetarianism

slide

Commitments

57 commitments completed and submitted

26 named and attributable to an attendee

31 anonymously



Next Steps

- Evaluation issued, low response rate 12-16 participants (under 20%).
- Workshop event presentation issued to attendees 24.7.23
- Better Neighbourhoods Grants of £5K-50K, due to be issued W/E 4.8.23.
- Commitment(s) & breakout notes shared with theme leads.

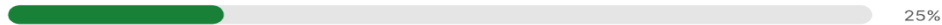


Post event evaluation Q1/3

☰ How confident were you at the start of the event that you, your service or organisation can play a role in realising delivery of the Leeds Food Strategy by 2030?

Multiple Choice Poll 16 votes 16 participants

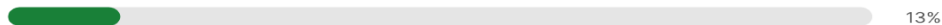
Very confident, I already knew what role I/ my organisation could play in making a difference through LFS - 4 votes



Partly confident, I had only some understanding of LFS and what role I/ my organisation could play in making a difference through LFS - 10 votes



Very unsure, I did not know what role I/ my organisation could play in making a difference through LFS - 2 votes



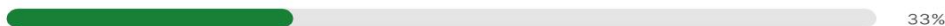
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Post event evaluation Q2/3

☰ How confident were you at the end of the event that you, your service or organisation can play a role in realising delivery of the Leeds Food Strategy by 2030?

Multiple Choice Poll 15 votes 15 participants

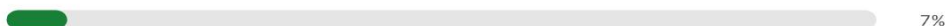
Very confident, I am enthused by the role I/ my organisation could play in making a difference through LFS and Am ready to make it happen - 5 votes



More confident, I have more understanding of LFS and what role I/ my organisation could play in making a difference through LFS - 9 votes



Unsure, I'm still unclear what role I/ my organisation could play in in making a difference through LFS - 1 vote



slido

Post event evaluation Q3/3

What actions did you take after the event, who did you talk to about it or share your experience with?

Wordcloud Poll 15 responses 12 participants

