



Help!

Feed Leeds, a city-wide network of food growers and food people is organising an inspirational and educational celebration of fresh, healthy and sustainable food as part of The Big Dig at Kirkgate Market on Saturday 25th April

<https://www.bigdig.org.uk/>

To include, we hope a pop-up allotment • wheelie workshop (converting waste bins to compost bins) • food prep demos • veg videos • seed swaps • hydroponic growing • plant sales • fruit juices • your project on the big screen • balms • herb tea-making • compost demos • aeroponic growing • pop-orchard • live music • veg rock painting • plus whatever great ideas you can suggest



Leeds Allotment Federation, Eat Your Greens, FoodWise Leeds, Leeds Rotters, Lean Lunch, Rainbow Junction, Incredible Edible Airborough, Growing Better, Grow to School, Friends of Stank Hall Barn, Leeds Edible Schools Sustainability Network, Meanwood Valley Urban Farm, Space 2, Back To Front, Rooted, Northern Fruit Group, Kirkstall Valley Farm, The Arium, Hyde Park Source, Leeds Food Aid Network, ReThink Food, Leeds Pemaculture Network, Chapel Allerton in Bloom, The Conservation Volunteers, Leeds Urban Harvest, The Green Party, Otley Community Land Trust, Groundwork, Zest plus many more community and private growers - and, we hope, you.

Please join us

tom@urbal.tv

Sprouts!